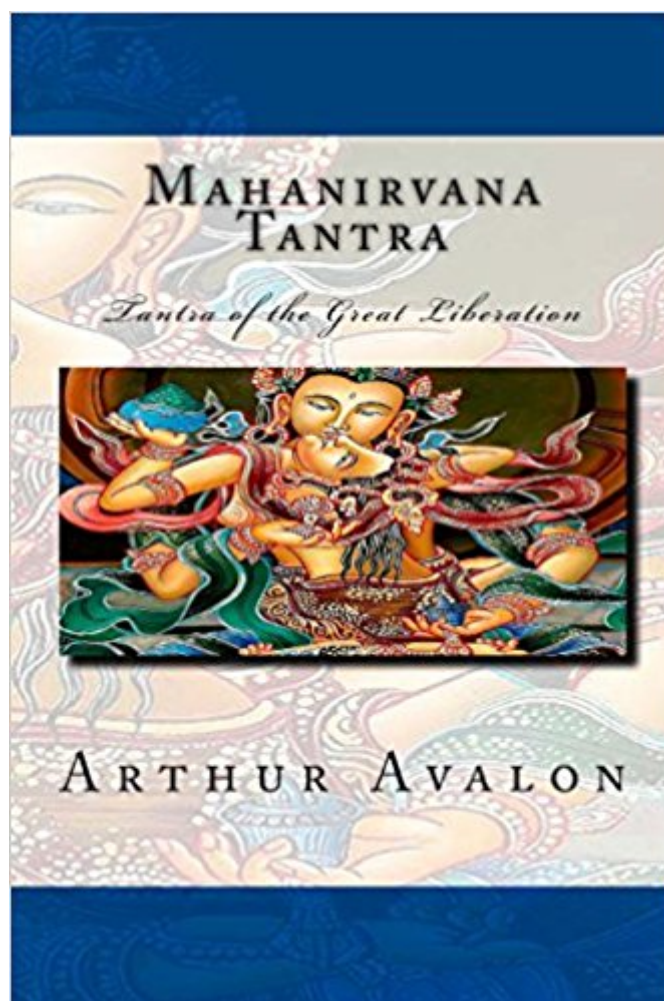


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# Mahanirvana Tantra: Tantra Of The Great Liberation



## Synopsis

Framed as a conversation between the god Shiva and goddess Shakti, this text describes the chakra, or subtle energy structure of the human body, ceremonies, yogic practices and mantras for meditation, and a summary of the Hindu laws (dharma) regarding sexual behavior. To the Tantra we must therefore look if we would understand aright both ritual, yoga, and sadhana of all kinds, as also the general principles of which these practices are but the objective expression.

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